

# Program Immersion: Focus Intensive Internship

Refuge Services, Inc. is excited to sponsor the Equine Assisted Psychotherapy workshops presented by Randy & Patti Mandrell of Lubbock, Texas.

## ***“Focus Intensive Internship”***

**Purpose:** The purpose of this focus intensive internship is to provide experience in treatment planning and facilitation of sessions using the Eagala model with a focus topic. The goal is to improve in the Eagala model through direct EAP/EAL client experience and to learn from others. This focus intensive internship gives you EAP/EAL hands-on experience in specific topical areas depending on the date for each day full of EAP/ EAL, treatment planning and education.

- Goals:**
- (1) Practice the basics of Eagala model with direct supervision
  - (2) Identify powerful messages horses communicate that provide valuable therapeutic information
  - (3) Equip mental health professionals and equine professionals with the skills needed to adjust to meet client goals
  - (4) Gain a further understanding of the spectrum of session variations necessary to meet different treatment goals depending on client demographics
  - (5) Learn to treatment plan and execute treatment goals in sessions
  - (6) Improve in using Eagala model through “hands on” practice with clients with various treatment goals

**Schedule:** **Friday and Saturday 9 AM to 5PM both days (lunch provided)**  
**(Additional 6 hours of homework to be completed on your own after internship experience-must be turned in for completion)**

Circle Date for Focus Intensive Internship you plan to attend:

**February 5-6, 2021: “Building a Veteran Program”**

**March 26-27, 2021: “Self-care, ethical practice, and understanding value of ‘S’**

**May 8, 2021: “Reading horse cues, role of Equine Specialist, and safety interventions”**

**June 4-5, 2021: “Business Development: Getting started, PR, networking, finding my team, programming.”**

**July 17, 2021: “Reading horse cues, role of Equine Specialist, and safety interventions”**

**August 27-28, 2021: “Building a Veteran Program.”**

**September 10-11, 2021: “Working with Groups and Special Populations.”**

**October 9, 2021: “Reading horse cues, role of Equine Specialist, and safety interventions”**

**November 19-20, 2021: “Structuring Sessions: What does create look like in the arena...structured activity or not?”**

**December 11, 2021: “Reading horse cues, role of Equine Specialist, and safety interventions”**

Eagala Approved: 10 hours of Eagala CEUs per day

**Registration:**

Early Bird rate:	\$225 per person per day (includes lunch)
Early Bird Group rate:	\$200 per person for 2 or more people per day (lunch included)
Late Registration:	\$250 per person (includes lunch)

**\*\* Early bird Registration deadline is one month prior to internship date. To ensure a spot, ½ of your tuition is due with registration application. Discounts (pay only \$125) when paired with Maximizing the Power of the Horse workshop date.**

**Who can Attend:**

- (1) Horse Professionals & Mental Health Professionals wanting to become more effective in Eagala model practice and who desire constructive feedback.
- (2) Eagala Practitioners working on advanced certification.
- (3) Professionals wanting looking at ways to improve business and take Eagala work to the next level.

**About the internship supervisors:**

**Patti Mandrell, M.Ed., LPC, Eagala-advanced** is co-founder and Director of Therapy Services with REFUGE Services, Inc. with over 20 years of experience practicing EAP. Patti was the first professional counselor to be nationally certified in Equine-Assisted Psychotherapy (EAP) in the state of Texas. Patti received her Masters of Counseling degree at Texas Tech University. She specializes in family and child counseling. Patti has designed numerous therapeutic curriculums for adolescent groups using Equine-Assisted Psychotherapy. She is Advanced certified by Eagala. She served as program director for a residential treatment center for girls with Eating Disorders using EAP as one of the primary therapeutic intervention tools. She created an Introduction to EAP college course and textbook currently being taught by numerous colleges and universities around the world.

**Randy Mandrell, Eagala-advanced** is co-founder and Director of Equine Services with REFUGE Services, Inc. with 20 years of experience practicing EAP. He is the first horse professional to offer Equine-Assisted Psychotherapy (EAP) services on an outpatient basis in partnership with professional counselors in the state of Texas. With over 40 years of experience with horses, over 20 years of experience as a professional horse trainer

and farrier. Randy's knowledge about horse behavior, safety, and psychology is outstanding. Randy was recognized by Eagala as "Outstanding Horse Professional" in 2001 for his superior work with clients and collaboration with other therapists in his community. He is Advanced certified by Eagala. He previously served as director of equine services for a residential treatment center for girls with Eating Disorders using EAP as one of the primary therapeutic intervention tools.

Hotels & Travel: You can fly into Lubbock International Airport in Lubbock, TX. The listed hotels are providing a reduced rate for the workshop participants. The hotels are about 3-4 miles from the facility. Just let them know you are attending the Refuge Services' Workshop and the rate I have listed on this page. Please make reservations early to ensure availability.

**HOTELS:**

- Best Western**, 806-762-8400, 5410 I-27, Lubbock, TX
- Quality Inn**- 806-749-1090, I-27 Lubbock, Texas
- Comfort Inn and Suites**- 806-763-6500, I-27 Lubbock, Texas
- Ashmore Inn**, 800-785-0060, 4019 S. Loop 289, Lubbock, TX 79423
- Hampton Inn**, 806-795-1080, 4003 S. Loop 289, Lubbock, TX 79423

**DIRECTIONS: From Best Western, Quality Inn, and Comfort Inn Hotels**, take 87 South to 82<sup>nd</sup> Street exit. At light, turn left (east) under overpass on 82<sup>nd</sup> street and go approximately 1 mile until 82<sup>nd</sup> dead ends at Martin Luther King Blvd. Turn right (south) onto MLK Blvd. Go about a block and you will see the facility on your left. Turn in the driveway at the Refuge Services sign. Parking is on the north-side of the large barn.

**From Ashmore Inn and Hampton Inn** – take right out of parking lot onto frontage road. Take right on first street (right after church). Go to the light (82<sup>nd</sup> St.) and turn Left. Go to the end of 82<sup>nd</sup> (approx 4 miles) which runs into Martin Luther King, Jr. Blvd. Turn Right. Go about a block and you will see facility on your left. Turn in the driveway at the Refuge Services sign. Parking is on the north-side of the large barn.

-----  
Cut and send bottom portion

**REGISTRATION INFORMATION  
FOCUS INTENSIVE INTERNSHIP**



PART OF THE GLOBAL  
**eagala**  
NETWORK

Name \_\_\_\_\_

Agency \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ email \_\_\_\_\_

Need EAGALA CEU Credits? YES or NO EAP Certified (Yes/No) Date of certification \_\_\_\_\_

My expectations for this intensive internship include \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Name and Date of Focus Intensive Internship attending:** \_\_\_\_\_

Registration: Early Bird rate: \$225 per person per day (includes lunch)  
Early Bird Group rate: \$200 per person for 2 or more people per day  
(lunch included)  
Late Registration: \$250 per person per day (includes lunch) \*Total tuition = \_\_\_\_\_

**Discounts (pay only \$125) when paired with Maximizing the Power of the Horse workshop date.**

\*Check, cash or money order only OR request to pay via paypal (email [information@refugeservices.org](mailto:information@refugeservices.org) to be invoiced)

\*\* Space is limited, so register soon! Early bird registration deadline **one month prior to workshop** with 1/2 of tuition due at that time. Make checks payable to **Randy or Patti Mandrell**. Mail all registration information to:

Randy and Patti Mandrell  
PO Box 53684, Lubbock, TX 79453  
(806)790-6664 [information@refugeservices.org](mailto:information@refugeservices.org)